Book Bank Launch
Congratulations to all students 2-6 who were involved in the Dymocks Children’s Charities and Koppers who donated 4 books to each child across the year. We were very lucky to be chosen to receive this as there are only a handful of schools across Australia who have been invited to participate.

Our new leaders led the assembly and did a magnificent job. The special guests Scott Lockie (Dymocks) Richard Bennett and Koppers staff—Rick, Carol, Terry and Kerry, Ms Meghanne Clarke (Director of Schools) and Chris Gulaptis (MP) were very impressed with the students and the school.

‘Congratulations on the presentation as well and the way the kids conducted themselves. All the koppers staff were very impressed’—Richard Bennet, Koppers Wood Products

Assembly and cutting of the cake. The P&C will be hosting a free BBQ for students and community members on both days. Saturday will be an Open Day of the school between 10am and 2pm. Everyone is invited to tour the school and look at old and new memorabilia. If you are able to help in any way with time, photos, etc. Please let the school know.

Parent Information Session
Mrs Cavanagh will be running an information session on Helping your child with Reading in the Library at 2:15 on Tuesday 1st March. Ideas are for younger, beginning readers.

School Fees
School Fees of $45 per family are now due. All families who pay their fees by the 8th April will go in a draw to receive 1 of 4 prizes. There are 2 sports bags, filled with a drink bottle, a skipping rope, drink mixer, an exercise towel and a soccer ball. Or you may like a Garmin Vivo Fit 2. Each prize is worth approximately $100. Four families will be drawn out on Friday 8th April. Good luck everyone!
Clarence Valley Conservatorium Music Lessons

Luke Gough is one of the more experienced and professional guitarists in the Clarence Valley. He is working with students of Ulmarra Public School developing their musicianship and performance skills on acoustic guitar and keyboard. Lessons are scheduled on Tuesday during school time.

To be involved in this great program all you require is to fill out a CVCon enrolment form and have your own guitar and/or a keyboard at home. Those returning students will need to reenrol and new students can also apply. These forms will be available from Luke, the school office and are also available on our website www.cvcon@cvcon.com.au.

Update Your Details Please

Please ensure your details have been updated at the school if any changes have been made since last year. It is vitally important that we have those up to date phone numbers, addresses etc.

Thank you in anticipation of your assistance in this matter.

Facebook

Our Facebook page continues to grow strong. Our website is still the most up to date place for information but pictures and other information will be put on our Facebook page as well.

Working With Children Check

Don’t forget to apply for your Working With Children check to volunteer at school or with any sporting body. www.kidsguardian.nsw.gov.au/working-with-children. If you need to access a computer please let the school know and we can organise a time for you to go onto a computer at school.

Please bring your completed forms to school after you have been to RMS for validation.

Building healthy habits

Children are learning habits that will often last them a lifetime. Consider the following:

Breakfast is important. Children who eat breakfast have better concentration. Eating breakfast can reduce snacking on high-energy foods in the afternoon in both adults and children.

Be realistic about the size of the serve you offer children. Forcing children to finish what is on their plate when they are not hungry may lead to overeating and/or strong food dislikes.

Avoid giving children processed snack foods high in sugar. Encourage brushing teeth in the morning and before bed to develop good dental habits.

Healthy Lunch Box Award

Ministers for Health Kate-Lyn and Leah have awarded Claudia this weeks healthy lunch box award.

This award will be presented one day a week on a random day. All students on that random day who have a healthy lunch box get a ticket that goes into a box. Winner is the lucky person who has their name drawn out.

The Crunch and Sip Program continues this year and all students are encouraged to bring a piece of fruit and their drink bottle to class each day. Most classes break for fruit halfway through the morning session at approximately 10am.
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**P & C News**

Congratulations to our new P&C Executive voted in at last nights AGM.

President: Mr Ken Cowan  
Vice President: Mrs Katie Sullivan  
Secretary: Ms Kobie Harris  
Treasurer: Mrs Susie Fletcher  
Canteen Coordinators: Mrs Tanya Watts and Mrs Katie Sullivan  
Fundraising Committee: All P&C members.

Please remember to be able to vote at P&C meeting you need to pay $2 membership fees which are due now.

The P & C meetings have now been changed to Tuesday week 4 and 8 of each term at **9:30 am** in the school library. The next meeting will be held on Tuesday **15th March** at 9:30am. Please come along and support your school and students.

Everyone is welcome!

**FUNDRAISING**

The P&C have some ideas for fundraising across the year but always value new ideas as well.

Term 1—‘Yah Me’- During the month of March all sales to ‘Yah Me’ will give back 10% to the school.
  - Easter Raffle—Donations of eggs for our raffle are greatly appreciated. This will be drawn on 21st March

Term 2—Lamington Drive

Term 3—Election Day markets?

Term 4—Christmas Concert and BBQ

There will also be Mother’s Day and Father’s Day stalls and craft mornings.
Great Aussie Bite Canteen

Hot Dog Day
Special Canteen Lunch

On Friday 26th February the canteen will be selling Hot Dogs for lunch.

Packets of chips (twisties, chicken twisties, wicked cheddar twisties, cheetos & burger rings) will also be available for purchase.

Hot Dogs $2.50ea  Chips $1.00ea

Please return Hot Dog orders and money by Wednesday 24th February. Drinks and chips can be purchased on the day.

Normal canteen items – fruit, icy poles, drinks and red rock chips can also be purchased on the day.

Please Note: the canteen will only be open at lunchtime on this day.

STOP PRESS!!! STOP PRESS!!!
No Canteen on Tuesday 1st March and Tuesday 8th March

We have had to take sausage rolls off the menu as we were unable to get the right ones from our supplier to fit in with our green food policy.

We still have some ‘Cookies & Cream’ Sipah Straws. These are no longer listed on the menu, they will still be available until sold out for $1.20.

Thank you to all our canteen volunteers—“new and old”, we really appreciate all your help.

Thank you to the P&C who have donated funds to our drumming group led by Austin King from ‘G’Day Africa’. Students 3-6 are able to participate in the program free of charge.
Student of the Week Recipients
Front Row: Meckenzie, Sophie, Emily, Dylan, Carter
Back Row: Tayla, Makaila, Zoe and Lincoln

Merit Award Recipients
Meckenzie, Jack, Tanarli, Isabella, Ahlia, Monique, Riley, Ethan, Ethan, Emily Grace

Gold Premier’s Reading Challenge Award Recipient—Emily Watts

Ribbon Recipients at the UPS Swimming Carnival—Boys

Ribbon Recipients at the UPS Swimming Carnival—Girls
Congratulations to Josslyn, Jack and Olivia Champions at the Small Schools Swimming Carnival

Well done Firth the winning house at the Ulmarra Public School Swimming Carnival!

Well done!!

Congratulations to the Ulmarra Public School Swimming Carnival Champions—Well Done!!
Book Bank Launch
Dymocks Children’s Charities, Koppers employees, Chris Gulaptis and Ms Meghanne Clarke
OTITIS MEDIA and HEARING LOSS

Does your child have a hearing loss?

How would you know?

What can you do to help?

OTITIS MEDIA is a silent disease and causes HEARING LOSS.

It can affect your child’s SPEECH.
It can affect your child’s HEALTH.
It can affect your child’s EDUCATION.
It can affect your child’s SOCIAL LIFE.

If your child has sore ears or does not seem to be hearing you, see your AMS, doctor, or community health centre.

CAN’T HEAR, CAN’T LEARN!